



Dublin North East
Drugs and Alcohol Task Force

DIRECTORY OF SERVICES

Scan for
our full list



www.dnetaskforce.ie



info@dnetaskforce.ie



087 720 9767



Addiction / Substance Use Support

All HSE funded services are free of charge

Baldoyle Family Resource Services

We provide services including Drugs/Alcohol, Family Support, Counselling, Gambling Support, Community Development and provide space for community groups.

 01 832 6115  085 251 8564  ndowdall@bfrs.ie

Beldale Treatment Centre

Methadone treatment service

Monday, Wednesday, Thursday, Friday 9am – 12 noon & 2pm – 4pm

Tuesday 9am to 10.30am & 2pm – 4pm, Saturday/Sunday 9am – 11am

 Old Belcamp Lane, Darndale  01 848 8951

Bonnybrook Satellite Clinic, 'Brookhaven'

Methadone treatment service

Tuesday 2pm – 4pm, Wednesday 8am -12pm, Friday 9am – 12 noon

Coolock Clinic, Wednesday 2pm - 4pm

 Glin Road  01 877 0205

Brook Recovery Hub

This is a joint initiative with Donnycarney Addiction, Family and Child Service. We are providing wraparound addiction and recovery support to service users and their families in the Coolock and Bonnybrook area. We support people on a one-to-one basis, as well as providing recovery groups, auricular acupuncture, 5-Steps family group and early intervention work with local schools.

We are open 9-5pm Monday, Tuesday, Wednesday, Thursday and Friday, 12.30-5pm on Tuesdays.

 086 059 1617  083 386 2886  www.brookrecoveryhub.ie

Cocaine Support

If you think you would benefit from support to reduce or stop, free and non-judgemental services are available in your community to help you. If you are over 18, living or working in Dublin North (city or county) and interested in exploring your relationship with cocaine with a view to reduce or stop your use.

All services are provided in partnership with the HSE through community-based services across the north Dublin area and are free of charge and non-judgemental.

 01 811 0595  cocainesupport.northdublin@hse.ie

Coolmine EDIT

Coolmine is a national drug and alcohol treatment service. We believe that everyone should have the opportunity to overcome addiction and lead a fulfilled and productive life. Our team provides:

- One to one case management using evidence based approaches
- Gender specific services including Inreach / Outreach
- Inclusive service for Traveller Communities, Parents and Young People.
- Evidence based group interventions

 U6 Edenmore Shopping Centre, Raheny  01 867 0271
 edit@coolminetc.ie

Dales Centre

We work with individuals and families from the Dublin 17 area who are affected by problematic drugs and alcohol use.

 Darndale  01 848 7733  info@thedalesscentre.ie

Donnycarney Addiction Service – Donnycarney Youth Project

The team provide free and confidential services to all service users regardless of their substance of choice/gambling, to support them in their journey towards recovery and a more positive lifestyle. We support people on a one-to-one basis, as well as educational and therapeutic groups, counselling, day programme, HSE Methadone prescribing clinic and SMART Recovery® evening group. We are open 9-5pm Monday, Wednesday, Friday and until 8.30pm on Tuesdays & Thursdays

 01 831 4985  086 603 6507  recovery@dyp.ie

Dublin North East Drug & Alcohol Task Force

We are supported by statutory, voluntary, community and public representatives who work in partnership with us to provide and maintain a system of supports and services for individuals, families and communities through which existing and future problem drug use is prevented, reduced and managed. We provide information on local addiction and family support services as well as drug prevention, education and training services

 Vanessa, Prevention & Education Lead  087 797 7833
 vanessa@dnetaskforce.ie

 Rachel, Family Support Practitioner  087 468 7664
 rclarke@dyp.ie

 Stephani, Finance & Admin Officer  087 720 9767
 office@dnetaskforce.ie

 Paul, Coordinator  087 797 7499
 coordinator@dnetaskforce.ie

Edenmore Satellite Clinic

Drug Misuse, GP, Nurse, Prescribing, Methadone Maintenance, Needle Exchange.



Edenmore Health Centre



01 848 0666



sisdnc@hse.ie

Extern Gambling Support

The Problem Gambling project provides free support to people living who have been negatively impacted by problem gambling, through providing supports, resources and referral pathways for problem gamblers and their families.



089 241 5401



info@problemgambling.ie

Gambling & Gaming Support Service

A new, free and confidential support service is available for anyone who suffers from problem gambling or gaming and living in Dublin North City or County (DNCC). The service offers counselling to under-18s and adults with problem gaming or gambling and family support to the families and carers coping with another person's problem gambling or gaming.



Various locations across North Dublin



01 865 7200



support@DNCCgamblinggaming.ie

HSE Drug and Alcohol Helpline



1800 459 459



www.drugs.ie

HSE Social Inclusion Addiction Services

Mental Health, suicide support, initial assessment, comprehensive assessment, liaison officer.

 Social Inclusion Liasion Officer  Kilbarrack Primary Care Centre
 01 778 4491  kilbarrack.dncc@hse.ie

Integrated Alcohol Service for Dublin North City and County

A free service for people over the age of 18, living in Dublin North City or County and experiencing problem alcohol use or alcohol use disorder. Services provided include: SAOR Extended Brief Intervention in primary care centres, medical support, care planning & shared care, case management.

 01 856 6406  iasdublinreferrals@hse.ie

Kilbarrack Coast Community Programme

We work to the highest professional standards with people who have become involved with drugs and their families. We preventively work with young people to stop them becoming involved in drug misuse and to participate in community development. We also run a Recovery group for women, this provides support to women in the community and catchment area with educational talks, self-care and holistic treatments it is a supportive space to give women the opportunity to meet with other women and support each other. All women affected by addiction are welcome.

 01 832 4516  085 806 6827  info@kccp.net

Kilbarrack Satellite Clinic

Drug Misuse Support, GP, Nurse, Prescribing, Methadone Maintenance.

 Foxfield Crescent  01 839 1221  kilbarrack.dncc@hse.ie

Labour Inclusion Programme

L.I.P. was set up to help former substance users who have undergone a rehabilitation programme and who want to take the next steps towards rebuilding their lives.

 Coolock  01 848 5630  info@northsidepartnership.ie

SUPPORT – service user participation & engagement

We gather valuable insights directly from people using Drug & Alcohol services & associated Family Support services. Our aim is to use the feedback we collect to help inform service improvement. Please contact us if you would like to give feedback about your current or previous experience using services in Dublin Northeast.

 Joe Buckley  086 036 3881  joe@ndublinrdtf.ie

D17 ACT

We are Drug & Alcohol outreach based in the Dublin 17 area. We engage with all individuals in particular the Hard-to-reach people who may not be accessing services.

 Priorswood  Karen Shevlin, Case Manager  01 848 7733

 karen@d17act.ie

 Daniel Jones, Case Manager/ Recovery Coach  083 010 7903

 daniel@d17act.ie

Traveller Addiction Outreach

Coolmine Therapeutic Community provides drug and alcohol misuse support to the Traveller Community in North Dublin City and County.

 01 699 1077  travellersupport@coolminetc.ie

Family Support

Archways Systemic Family Support

Archways Systemic Family Support is a pilot programme developed from extensive research. Using a new evidence-informed intervention programme that works with young people, their families and the community. The programme aims to strengthen families, remove barriers to prosocial opportunities and increase community efficacy.



Youth Justice, Family Therapist



085 860 5833



scoughlan@archways.ie

Artane Coolock Family Resource Centre

We Provide Workshops, Adult Education, Affordable Counselling, Community Café (last Friday of every month and it's FREE), Parent and Toddler Group, Photocopying, C.V building, Use of public computers, Mass Cards, Parent Led Autism Network.



55 Gracefield Road, Artane



01 851 2289



085 704 0013



manager@artanefrc.com

Aster Family Support

Family Support, Meitheal, Household Assistance Programme, Triple P Parent Support, Family Resource Centre Programme to combat disadvantage and improve function of family unit.



Conexus Day Care Centre, Bonnybrook



01 516 1146



info@asterfamilysupport.ie

Baldoyle Family Resource Services

We provide a number of services including Drugs/Alcohol, Counselling, Gambling Support, Community Development and provide space for community groups.

Core Activities: Information and referral service, Counselling and Rainbows programme, Parent and toddler group, Parenting programmes, Women's group, Men's group/Men's Shed, Adult education courses, Family support; drugs and alcohol, sober space / social activities, Summer project, Meals on Wheels, Senior Alerts, Mental health workshops

 01 832 6115  085 251 8564  projectmanager@bfrs.ie

Bonnybrook Parent Support Project

 01 877 0205  01 877 1084  087 965 4821

Coolmine EDIT Parents Under Pressure

The Parents Under Pressure (PUP) program is a parenting program specifically developed for families who are facing multiple adversities including parental substance abuse, mental health problems, family conflict and severe financial stress.

 01 867 3209  jean.fogarty@coolminetc.ie

Dales Centre

For people within the family, who are impacted by addiction we offer 5 Step and other Family Support. We have a trained and experienced family support practitioner.

 Darndale  01 848 7733  anne1@thedalesscentre.ie

Donnycarney Family and Child Service – Donnycarney Youth Project

We provide a targeted wraparound service to meet the identified needs of families and children who are affected by addiction. We support people on a one-to-one basis, as well as providing adult and early intervention group work, counselling, auricular acupuncture and family activities. We are open 9-5pm Monday, Wednesday, Thursday, Friday and until 8.30pm on Tuesdays .

 01 831 4985  086 022 8905  familysupport@dyp.ie

Doras Bui

Information & Support, Teen Parent Support Project, Courses & Events, Early Years Services, Counselling for Parents and for Children.

 Bunratty Drive, Coolock and serving surrounding areas  01 848 4811
 info@dorasbui.ie

DRIVE (Drug Related Intimidation & Violence Engagement)

DRIVE is an interagency project to respond to drug related intimidation and violence. The key objective is to support victims and build the capacity of communities to respond to drug-related intimidation and violence. We help services to support victims of drug related intimidation with bespoke training, resources and signposting to local specialist support services.

 087 720 9767  info@dnetaskforce.ie

Dublin North East Family Support Coordinator

Based in Kilbarrack Coast Community Programme (KCCP) Brenda Browne coordinates family support for Dublin North East. Contact Brenda to talk about your family support needs. Brenda operates clinics in various location in Dublin North East.

 01 832 4516  brenda.browne@kccp.ie

KEEP Family Support Project

We offer practical and emotional support to families experiencing a variety of issues. This can be provided in their own home or in the community. The interventions are needs led and referral to more specialized services can be made.



Kilmore West Youth Project



01 847 4548



sarahmurphy.kwyp@gmail.com

KCCP Family Support

We offer a variety of supports to family members affected by drug/alcohol misuse, providing information, advice and support. Drug awareness & other courses, counselling and acupuncture. The Family Support group meets on a Wednesday at 8pm.



01 832 4516



info@kccp.net

Túsla - The Child and Family Agency

The Child and Family Agency's services include a range of universal and targeted services such as: Child protection and welfare services; Educational welfare services; Psychological services; Alternative care; Family and locally-based community supports; Early years services; Domestic, sexual and gender-based violence services.



Coolock Primary Health Centre



Child & Family Support Coordinator



01 921 4200

Preparing for Life

Preparing for Life supports parents to nurture their children so the child, family and community can thrive. Core activities include: Perinatal Supports & Baby Care, Home Visiting, Positive Parenting Programmes, Early Years Education, Quality Support, Infant Mental Health, Play Therapy and Family Support.



Darndale



01 877 1509



pfl.info@nspartnership.ie

Youth Services

Donnycarney Youth Project

DYP facilitates a variety of programmes and activities aimed at nurturing young people's individual talents, abilities, while creating opportunities for new learning experiences that will enhance their personal development and equip them in adulthood to play an active part in society.

Monday: 10:30-7.00 | Tuesday: 12:00-10.00 | Wednesday: 12:00-10.00 | Thursday: 10:30-7.00 | Friday: 10:00-6:00



087 201 4345

Donnycarney Youth Justice Project

We provide support to address the needs of young people who have been referred from local JLO's, other agencies or concerned family members.

Monday: 10:30-7.00 | Tuesday: 12:00-10.00 | Wednesday: 12:00-10.00 | Thursday: 10:30-7.00 | Friday: 10:00-5:00



086 022 9859

KCCP Reach Out Project (18-25yrs)

The Reach Out Project (Community Employment) - works with eighteen to twenty-five-year-old cannabis users and polysubstance drug users. Training and personal development are considered as essential parts of recovery here, with a particular emphasis being placed on improving physical and psychological well-being. The aim is to help people address their specific issues, whatever that may be, and help them re-integrate into the community and progress on to more fulfilling lives.



Kilbarrack



01 832 4516



info@kccp.net

KCCP Youth Matters (9-21yrs)

A Programme for Young People aged 9-21 years to provide young people with a range of stimulating and varied activities presenting a drug free model of socialization. Age appropriate games and informal life skills teaching are an integral part of the programme. Activities include summer projects, trips away, fun days, talent contests, Halloween and Christmas parties and much more!! Counselling is available free of charge. Parental Consent is required for those who are under 18 years of age. Youth Matters is staffed by trained and experienced youth workers.

The group meets (Mon; 5pm-9pm) & (Tues, Wed, Thurs; 5pm to 8pm)



Kilbarrack



01 832 4516



info@kccp.net

KEEP Belmayne, Youth Justice Project

Delivered by KWYP, Keep Belmayne works with young people aged between 12 and 17 years and their families. As well as encouraging young people to move away from offending behaviour. We do this through building positive relationships supporting young people to make informed decisions in their lives.



Belmayne Coomunity Hub



Project Lead Keith O'Driscoll



085 135 4569



kethodriscoll.kwyp@gmail.com

Kilmore West Youth Project

We are a community-based youth and family service governed by a voluntary board of directors. We provide a range of supports and services to meet the needs of young people and families in the Coolock area. UBU Your Place, Your Space Youth Project, KEEP Youth Diversion Project, KEEP Family Support Project, counselling service to over 18's.



Coolock



01 847 4522



sarahmurphy.kwyp@gmail.com

Listen Project

Free Counselling for young people aged 12 to 21 years.



1800 303 638



01 867 4348

Extern Dublin Bay North, Youth Diversion Project

The projects offer opportunities for education, employment and training as well as sport, art, music and other activities. Early intervention is defined as 'providing support at the earliest possible stages when problems occur'. We support those children aged 8-11, who have been identified by youth justice workers, or by others working in the community, as at risk of future offending, by virtue of the behaviours and/or family circumstances present at such an early age. We support families of young people who have offended or are at risk of offending, with the aim to reduce the offending behaviour.

 086 130 4780  gary.doggett@extern.org

S.A.S.S.Y.

HSE community service providing support to young people under 18 years of age, resident in Dublin North City and County for whom drug use or alcohol use is having a significant negative impact on their daily lives. Four Counsellors and one consultant child and adolescent psychiatrist provide individual counselling, cognitive therapy and psychiatric assessment.

 01 778 5980  SASSY@hse.ie

Sphere 17

Drop-in, Group Work, Individual Support, Outreach, Outings and summer projects, Residential Activities, Events, Out n About Detached Youth Service.

 Priorswood  01 867 9677

 Darndale  01 867 4348

 Bonnybrook  086 173 5635

 Kilbarrack  01 850 5878

 generalmail@sphere17.ie

 Out N About  086 136 4215

St Monica's Youth Centre

The Youth Resource Centre is a mainstream youth club with learning opportunities and activities. There is also a Youth Project provides support to Young People in the community who are between 10 years old and 21 years old who might be at risk or at severe risk in the community.

 Raheny  01 848 0829

The BLEND

Based in the Hub, Belmayne and The Junction, Clongriffin Tuesdays to Saturdays (with late night provision) we provide an Integration Focussed Community Youthwork project. The target group are young people living in Belmayne and Clongriffin aged 10 -18 with focus on referrals for migrants and the integration of new communities.

We offer skills and interest based programmes (music, tech, cookery, art, leadership, special interests, sport), issue based supports (integration, antiracism, sexual health, mental health,) outreach, Youth Cafes, Volunteer led clubs and more.

 Foróige, Belmayne, Clongriffin
 Ger Keenan  086 203 4952  geraldine.keenan@foroige.ie
 Orlaith Fagan  086 203 4954  orlith.fagan@foroige.ie

Woodale Youth Justice Project

We provide the following services: Youth diversion 12-17 years, Prevention and Early Intervention 10 -11 years and Family Support (for the families of young people engaging with the project, not open for external referrals). Referrals are from the Garda Juvenile Liaison Officer (JLO) following a caution in the local Garda Station or by other professionals such as youth workers, teachers, and social workers who believe that young person might be at risk of involvement in offending behaviour. We offer support, encouragement and opportunities related to education, training, employment, work experience, and involvement in pro-social activities.

 Priorswood  01 867 4348  Darndale  01 867 9677
 tanya.walker@sphere17.ie

Youthreach

If you're aged between 16 to 20 years and you left school early and would like to get guidance, training and work experience and qualifications, Youthreach may be for you. Youthreach is all about your personal development, and training and education and each centre offers a safe and supportive place for you to go to learn.



Coolock Youthreach, Priorswood



01 847 4633



087 190 2863



caitrona.mccolgan@yrkilmore.cdetsb.ie



Harmonstown Youthreach



01 831 3057



david.deery@yrartane.cdetsb.ie

Community Services

Belmayne Community Group

We advocate for community facilities and services as well as providing a Youth Club supported by Foróige: juniors 5 to 12 years and seniors, 13 to 17 years. We put on frequent community events and details can be sourced from linda.bradynspartnership.ie

The Hub provides a space for various community groups providing community development, addiction support, youth work and family support such as The Dales Centre, KCCP, KWYP, Doras Bui, Northside Partnership and Archways Systemic Family Support



Belmayne Community Hub



Michelle



085 779 6109 / 085 152 2236



belmaynecommunitygroup@gmail.com

Discovery Centre

The centre welcomes new learners for training in woodwork & construction, sport & recreation, catering & hospitality and hair & beauty. Start your training course at any time during the year. Learners receive breakfast, lunch and a training allowance while participating on the course.



Darndale



01 877 1660



trinaoconnor@discoveryctc.ie

Free Community Mediation Service

Community Law & Mediation's services are free and confidential and offer an alternative method for parties involved in a dispute to resolve their issues and reach an agreement, which is acceptable to both sides.

Community Mediation, which involves conflict resolution between neighbours regarding noise, litter, antisocial behaviour etc. Parental Mediation, which helps parents to resolve issues such as custody, access, guardianship and maintenance. Elder Mediation for seniors and their adult children on issues such as living arrangements and care giving. Workplace Mediation for small community organisations. This aims to resolve problems that arise in the workplace, in an informal way, focusing on maintaining future work relationships. Grandparent Visitation, which offers grandparents an opportunity to support and remain involved in the lives of their grandchildren especially following a parental separation.



01 847 7804



mediationadmin@communitylawandmediation.ie

Northside Partnership

The Northside Partnership works with local people, representatives from communities, the state, employers, trade unions and elected representatives to improve the opportunities for people and communities in Dublin North East.

We offer a range of programmes and services to support individuals, local organisations, groups and communities in the areas where we work. We support all people and groups in our community including people looking for work, students, people starting their own business, children and families, young people, older people, parents and guardians, and childcare providers.



Kilbarrack



01 832 0995



Coolock



01 848 5630



info@northsidepartnership.ie

Traveller Services

Exchange House Ireland National Travellers Service

Exchange House Ireland National Travellers Service is an organisation of Traveller and non-Travellers and a leading provider of front line and support services to some of the most marginalised Travellers in Ireland since 1980. We are a multi-disciplinary service provider offering Education and Training Services, Children and Young People Services, Family Support and Crisis Intervention Services, Addiction Services and the National Traveller Mental Health Service.

 01 872 1094  info@exchangehouse.ie

Pavee Point Traveller and Roma Centre

Pavee Point Traveller and Roma Centre is a national NGO comprising Travellers, Roma and majority population that works at local, regional, national and international levels to address Traveller and Roma inequalities and promote human rights. Campaigns and services include: Policy on Gender Equality, Prevention of Violence Against Women, Roma Programme, Traveller Men's Health Programme, Mental Health Initiative, Maternal Health, Primary Health Care for Travellers Project, Gender Equality Programme, Drug Alcohol Addiction Programme, Education Programme.

 01 878 0255  info@pavee.ie

The STAR Project

The STAR project, supported through the National Traveller & Roma Inclusion Strategy, aims to help the children of Traveller and Roma families in North Dublin get the most out of school. We can help your child go to school every day, reach their full potential when in class and in school activities and make school a happy place where children want to stay.

 John McDonnell, Education Worker  087 099 0984
 john.mcdonnell@nspartnership.ie

 Diana Joyce, Education Worker  087 436 6183
 diana.joyce@nspartnership.ie

TravAct

We provide quality support and developmental services, advocacy services and information support to the Traveller Community in North Dublin. Services include: CE Project, Drugs Outreach, Education, Accommodation & Housing Project, Primary Health Care Project, TravAct Youth Project.



01 848 6515



michelle@travact.ie

info@travact.ie

Traveller Addiction Outreach

Coolmine Therapeutic Community provides drug and alcohol misuse and other support to the Traveller Community in North Dublin City and County.



01 699 1077

travellersupport@coolminetc.ie

Health Centres

Coolock Primary Care Centre, Cromcastle Rd, Kilmore, Dublin, D05 FH98  01 921 4200

Darndale Health Centre, Darndale Belcamp Village Centre, The Link Road, Dublin 17, D17 X050  01 877 1550

Baldoyle Health Centre, Willie Nolan Road, Baldoyle, Dublin 13, D13 PY27  01 778 4470

Howth Health Centre, Willie Nolan Road, Baldoyle, Dublin 13, D13 PY27  01 832 2984

Raheny Health Centre, 33 Main Street, Raheny, Dublin 5  01 831 0386

Tonlegee Primary Care Centre, Tonlegee Rd, Grange, Dublin 5, D05 K1H9  01 921 2301

Kilbarrack Health Centre, Foxfield Crescent, Kilbarrack, Dublin 5  01 778 8501

Domestic and Gender Based Violence

Sonas Services

We support women and children experiencing domestic abuse by providing effective, quality services. We advocate on women and children's behalf with other services and on issues that impact on the safety, welfare and wellbeing of women and children experiencing domestic abuse.

Emergency help numbers  1800 222 223  01 866 2015

For Advice, Outreach, Court Accompaniment  087 952 5217

Aoibhneas

Domestic abuse support for women and children. We provide 24-hour support, information and referral services, access to safe accommodation – for women and children forced to leave their home due to domestic abuse. We provide: Refuge Accommodation; Outreach and Community Support ; Drop-in Service; Court Preparation and Accompaniment Service and Child and Youth Specific Services

Call free for Immediate Support, open 24hrs, 7 days a week



1800 767 767

Ruhama

Our support services are FREE, confidential and tailored to your individual needs. You do not need a visa or to speak English to access our services. We are here for any woman who is affected by prostitution at any time in her life.

Text REACH to 50100 for free, confidential support



1800 02 02 02 Freephone

SATU - Sexual Assault Treatment Units

We're here to help you if you've been raped or sexually assaulted. We are on call 24 hours a day, 7 days a week, 365 days a year. If you need urgent help, call 112 or 999.

If you have reported the incident to the Gardaí, they will arrange your appointment and help you get to the Sexual Assault Treatment Unit (SATU). Otherwise, please ring the number of your local SATU before you arrive. This is so that we can help you make the best plan for your care, give you directions and make sure someone is here to meet you.



Rotunda Hospital Campus



Weekdays from 8am to 5pm



01 817 1736



After 5pm and weekends, ask for SATU



01 817 1700

Men's Aid

Men's Aid Ireland provide a confidential service ensuring all male victims of Domestic Violence / Coercive Control receive the required support to be safe. Men's Aid support those victims who, from a gender perspective, primarily identify as male, including non-binary, intersex and transgender men within its support and services provision.

 National Confidential Helpline  Monday - Friday: 9am - 5pm  01 554 3811
 hello@mensaid.ie

Male Advice Line

The National Male Advice Line (MAL) offers confidential phonline advice and support to Male victims of domestic violence and abuse during specific hours, seven days a week, 365 days a year. It is a FREEPHONE service.

 1800 816 588  Mon & Wed: 10am-8pm, Tue & Thu: 12-8pm, Fri 2pm – 8pm
 Sat, Sun, Bank Hols: 2-6pm  men@mensnetwork.ie

MEND

MEND (Men Ending Domestic Abuse) is a programme for men, who have been violent or abusive within their intimate partner relationships. It is a project of Men's Development Network. The primary aim of the programme is the safety and wellbeing of women and children.

 051 844260  men@mensnetwork.ie

Useful Contact Details

Alcoholics Anonymous	 01 842 0700
Alone	 0818 222 024
Alzheimer Society of Ireland	 1800 341 341
Anam Cara	 01 404 5378
Aware Support Line (depression & anxiety)	 1800 80 48 48
Barnardos Children's Bereavement Service	 01 473 2110
BeLonG To Youth Service (LGBTI+)	 01 670 6223
Bereavement Support Line	 1800 80 70 77
Bodywhys	 alex@bodywhys.ie  01 210 7906
Care Line (Family Carers Ireland)	 1800 240 724
Childline (24 hour free service)	 1800 666 666
Childline	 Text: 50101 or  Call: 1800 666 666
Citizens Information Centre	 0818 07 4000
Connect (for adults who experienced abuse/trauma/neglect in childhood)	 1800 477 477
Crime Victims Helpline	 116 006
Dublin Rape Crisis Centre	 1800 778 888
Dublin Regional Homelessness Executive	 1800 707 707

Exchange House National Travellers Service	 01 872 1094
Firstlight	 1800 391 391
FLAC (free legal advice)	 01 906 1010
Focus Ireland (support for homeless people)	 01 881 5900
Gamblers Anonymous	 01 872 1133
Garda Confidential Line	 1800 666 111
Gardaí, Fire Brigade, Ambulance & Coast Guard	 999 / 112
Gender Identity Family Support Line	 01 907 3707
GROW (supporting mental health recover)	 0818 474 474
HSE CIPC - Bereavement Service	 01 795 7170
HSE Drugs & Alcohol Helpline	 1800 459 459
HSE HIV and Sexual Health Helpline	 1800 459 459
HSELive (National Information Line)	 1800 700 700
HUGG (bereaved by suicide)	 01 513 4048
Immigration Helpline	 01 674 0200
Jigsaw Dublin 15 (12-25)	 01 525 3090
Jigsaw Dublin City (12- 25)	 01 658 3070
LGBT Helpline	 1800 929 539
Male Advice Line	 1800 816 588
Men's Aid (support for men)	 01 554 3811

Money Advice and Budgeting Service	 0818 07 2000
My Options (Unplanned pregnancy support)	 1800 828 010
MyMind (low cost)	 0818 500 800
Narcotics Anonymous	 01 672 8000
National Learning Network (info line Swords)	 01 840 4120
Niteline (student support line)	 1800 793 793
One Family (parenting alone)	 01 662 9212
Parentline	 01 873 3500
Peer Advocacy in Mental Health	 01 547 0510
Pieta (suicide and self-harm, free)	 1800 247 247
Pieta Booking Enquiries (Freephone)	 0818 111 126
Pieta Helpline (suicide and self-harm)	 1800 247 247
Pieta Text Support	 text 'HELP' to 51444
Rainbows (support for 7–15 experiencing loss)	 01 473 4175
Samaritans 24 hour Freephone Listening Service	 116 123  jo@samaritans.ie
SASSY (HSE support service for under 18s)	 01 778 5980
Seniorline	 1800 804 591
Shine Brief Information and Support Line	 01 860 1610
Soilse	 01 872 4922

St Vincent de Paul	 01 855 0022
Suicide Bereavement Liaison Officer – Pieta	 085 870 6574
TeenLine	 1800 833 634
Text About It	 Text HELLO to 50808
Traveller Counselling Service	 086 308 1476 / 01 868 5761
Turn2me (online counselling)	 www.turn2me.ie
Women's Aid	 Text: 087 959 7980 or  Call: 1800 341 900
YourMentalHealth.ie 24/7 Information Line	 1800 111 888

Useful Websites

 www.alustforlife.com	 www.mentalhealthireland.ie
 www.askaboutalcohol.ie	 www.mymind.org
 www.drugs.ie	 www.niteline.ie
 www.hse.ie	 www.samaritans.org
 www.jigsaw.ie	 www.spunout.ie
 www.lgbt.ie	 www.turn2me.ie

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The information provided within is correct at time of printing but is subject to change.





www.dnetaskforce.ie



info@dnetaskforce.ie



087 720 9767