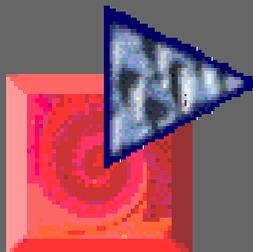


What is URRÚS?

The Ballymun Youth Action Project (YAP) was established in 1981. Two years later the Project delivered the first training course in drugs and alcohol for community members. In 1996 URRÚS (the Irish word for “strength” or “confidence”) was founded by YAP specifically to provide training in relation to drug misuse.



URRÚS - Ireland's Community Addiction Studies Training Centre

Horizons Centre
Balcurris Road
Ballymun
Dublin 11

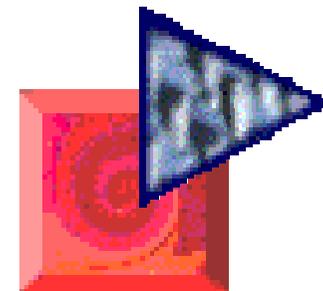
Phone: 01 8467980
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Web: www.byap.ie

URRÚS - Ireland's Community Addiction Studies Training Centre

A Ballymun Youth Action Project Initiative

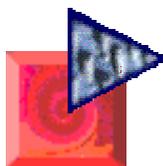
Community Addiction Studies Course[©]

QQI Award (Minor) Level 5
Further Education and Training



Community Addiction Studies Course®

Since 1994 the Ballymun Youth Action Project through the training centre URRÚS, has provided training for individuals and communities who wish to become more effective in their response to drugs in their local area.



The Community Addiction Studies Course, also known as CASC, has been run in venues throughout Dublin, as well as in Co. Louth, Limerick, Kildare, Tipperary, Kilkenny and Craigavon. By June 2019, over 2575 people had completed the Course.

What is the Course about?

The purpose of the Course is to enable people to:

- ◆ Learn about drugs and their effects
- ◆ Develop an understanding of addiction
- ◆ Examine their own attitudes.
- ◆ Become more effective in their personal responses
- ◆ Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities.

What is covered in the Course?

- ◆ Pharmaceutical information on drugs and their effects
- ◆ Process of addiction
- ◆ How addiction affects individuals, families, communities
- ◆ How individuals and communities can respond
- ◆ Field visits to drugs services
- ◆ Individual Course Work

How long does it last?

The Course runs over 20 (3 hour) sessions plus one Saturday. CASC starts in September or October.

Who is it for?

People living or working in local communities who feel they would like to be more effective when it comes to drug/alcohol issues. There are no education requirements to be part of this course, only a willingness to learn.

Is the Course Certified?

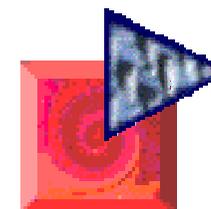
URRÚS is registered with QQI (Quality and Qualifications Ireland). This programme is accredited as Community Addiction Studies QQI Award (Minor) Level 5 - Further Education and Training.

What some participants said about CASC

"CASC is a good learning opportunity which uses the expertise of all the participants, encouraging us to learn as much from each other as from the speaker."

"It's very informative without being like a school classroom. You'll learn things about drugs, drug users and all our families that will challenge your views on drugs."

"After CASC I became more involved because I was more aware of the drug problem in the community and I had a better understanding of the problem."



For further information contact:

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